



308 Heuwel Street  
 Capital Park  
 Pretoria, 0084  
 Tel: 012 329 9867  
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[www.allwellness.co.za](http://www.allwellness.co.za)

# Group PACKAGES 2020

All Wellness Spa is the ideal venue to spoil special people in your life. Whether it is a Group of woman from a Club, Sisters celebrating life, a Bachelorette or a Super Boss showing appreciation to the company's biggest asset - their employees. We offer packages that varies from R320 - R1200 per person, depending on the budget, time available, objective of the session, personal preference of treatment etc.

At our Day Spa and Wellness Centre in Capital Park Pretoria, we can accommodate groups of up to 22 persons with ease.

Some of our popular packages for Bachelorettes, Church Groups and Corporate Team Building are outlined below:

**(All programs below is for groups of 5 - 22 persons - Not allowed for groups less than 5 people)**

**Groups will be split into 2 smaller groups with half of the people in the 1<sup>st</sup> group and the other half in the 2<sup>nd</sup> group**

**Meals can be ordered from menu attached**

## OPTION 1

A typical Program for R320pp (Monday - Friday, Excl Public Holidays) R350pp (Saturdays and Public Holidays)

Treatments will be as follows:

Duration: 2 - 2.5 hours at the spa, 50 minutes treatment time, Arrival Drink & Jacuzzi

Time	Group A	Group B
15 - 30 minutes	<i>Arrival - Please arrive 15 minutes before your scheduled time</i>	
50 minutes	Jacuzzi Session	<b>Choose 2 treatments:</b> - Hand soak, exfoliation and massage - Foot soak, exfoliation and massage - Heel Treatment - Back massage (Hot Stone or Swedish) - Head Massage OR - 1 x Full Body Massage
50 minutes	<b>Choose 2 treatments:</b> - Hand soak, exfoliation and massage - Foot soak, exfoliation and massage - Heel Treatment - Back massage (Hot Stone or Swedish) - Head Massage OR - 1 x Full Body Massage	Jacuzzi Session





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## OPTION 2

A typical Program for R400pp (Monday - Friday, Excl Public Holidays) R450pp (Saturdays and Public Holidays)

Treatments will be as follows:

Duration: 3 - 3.5 hours at the spa, 75 minutes treatment time, Arrival Drink & Jacuzzi Session

Time	Group A	Group B
15 - 30 minutes	<i>Arrival - Please arrive 15 minutes before your scheduled time</i>	
75 minutes	Jacuzzi Session	Choose 2 treatments - Hand soak, exfoliation and massage - Foot soak, exfoliation and massage - Heel Treatment - Back massage (Hot Stone or Swedish) - Head Massage OR - 1 x Full Body Massage OR Facial
75 minutes	Choose 2 treatments - Hand soak, exfoliation and massage - Foot soak, exfoliation and massage - Heel Treatment - Back massage (Hot Stone or Swedish) - Head Massage OR - 1 x Full Body Massage OR Facial	Jacuzzi Session

## OPTION 3

A typical Program for R720pp (Monday - Friday, Excl Public Holidays) R780 (Saturdays and Public Holidays)

Treatments will be as follows: (A facial and Full Body can be done at R220 extra per person)

Duration: 5.5 - 6 hours, 4 treatments, Stress Therapy, Jacuzzi Session, Breakfast or Lunch

Time	Group A	Group B
15 Minutes	Arrival and Welcome Drinks	Arrival and Welcome Drinks
50 - 55 minutes	Meal	Hand and Foot Treatment
50 - 55 minutes	Hand & Foot Treatment	Meal
50 - 55 minutes	Jacuzzi Session	Full Body Hot Stone Massage or Facial
50 - 55 minutes	Full Body Hot Stone Massage or Facial	Jacuzzi Session
20 - 25 minutes	Head Massage or Back Massage	Refreshment / Dessert & Social Time
20 - 25 minutes	Refreshment / Dessert & Social Time	Head Massage or Back Massage





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## OPTION 4

A typical Program for R1000 (Monday - Friday, Excl Public Holidays) R1200 (Saturdays and Public Holidays)

Treatments will be as follows:

Duration: 7 hours, 5 treatments, Jacuzzi session, Lunch,

(MAXIMUM OF 20 PERSONS)

Time	Entire Group to rotate to different treatments
15 Minutes	Arrival, Welcome Drinks & muffins
45 - 55 minutes	Hand & Foot Treatment
45 - 55 minutes	Jacuzzi Session
45 - 55 minutes	Full Body Hot Stone Massage
45 - 55 minutes	Facial
45 - 55 minutes	Head, Neck and Shoulder Massage
45 - 55 minutes	Lunch

Please note that we can alter programs and add or omit certain treatments to suit your specific requirements. We realize that a couple of factors play a role ie, financial budget, time constraint, health and other specific conditions.

Team Building activities can also be arranged at an additional cost. Popular activities is Laughter Therapy, Amazing Activities, Archery, Box Cars - these activities is ideal to promote team work and to enhance the group morale, as well as to alleviate stress factors and improve creativity.

An ideal activity for Birthdays, Baby Showers or Kitchen Teas is a Creativity Workshop. At a Creativity workshop, guests are encouraged to play with paint, glue, mosaic, words and colour. To create, to have fun and to make a memorable moment and souvenir to take home or to give to the mommy to be / bride to be / guest of honour.

Should you require any further options, please do not hesitate to contact me by return email or on 012 329 9867 or 082 467 7401. One of our team members will be happy to assist with any spa queries / pamper requirements.

Kind regards

## Lanie Meiring





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# Mobile Spa 2020

All Wellness Spa offers a mobile spa service as well, the perfect solution for the busy professional, new moms, seniors or those with mobility challenges. This is ideal for hosting corporate events and Spa Parties serving larger groups for any special occasion.

Packages can be designed according to individual or group requests. Kitchen teas, Stork teas, spa parties, office events, etc - tailor made packages to suit your budget and requirements.

The minimum rate for mobile spa is R500 per event.  
 Travelling within a 10km radius will have no additional charge.  
 For a radius of 10km and more, a fee of R5 per km will be charged.

Duration	Treatment	Cost
<b>Mobile Spa Massages</b>		
30 min	Hand Massage OR Foot Massage OR Head & Shoulder Massage	R170
20 min	Hand Massage OR Foot Massage OR Head & Shoulder Massage	R120
10 min	Hand Massage OR Foot Massage OR Head & Shoulder Massage	R80
50 min	Manicure (No Overlays OR Tips)	R300
50 min	Pedicure (No Overlays OR Tips)	R350
50 min	Relaxation Facial	R400
50 min	Full Body Massage (Swedish OR Hot Stone)	R450
80 min	Full Body Massage (Swedish OR Hot Stone)	R550
25 min	Back, neck and shoulder Swedish	R320

